



The Lion's Roar

Community Newsletter: Week Of March 31st

MCAVINNUE'S PRINCIPAL'S MESSAGE

Hello McAvinnue Community!

Happy Sunday...and I hope that everyone is doing well and enjoying this rainy weekend. What a very busy week we just completed! Things are picking up pace as we head into the final 49 days of school. We have another busy week ahead of us that includes many grade level and school-wide events that will be outlined in this newsletter.



As everyone is aware, MCAS will occur starting on this week for our Grade 3 and Grade 4 students. We have developed a thoughtful testing schedule for both grade levels for 2 weeks in April (ELA) and 2 additional weeks in May (Math). Our students have spent time in March preparing for these important tests by completing test prep units as well as taking some practice testing sessions. You can find additional information regarding MCAS testing in the section below.

Our school budget for the 2025-2026 academic school year has been finalized and approved pending School Committee approval. We have a "leveled service budget" for the next school year. This means that we will be bringing back all of our current faculty without needing to make any reductions. We are confident that we continue to create a budgetary plan that supports the needs that we have at McAvinnue.

Finally, the weather seems to be turning warmer each day over the past few weeks even with the rainy conditions. However, the warmer temperatures haven't really taken effect until the afternoon. The mornings still remain chilly requiring a jacket or sweatshirt. Please make sure your child arrives to school with layers so that they can make adjustments throughout the day as the temperature changes.

We are looking forward to another successful week at the "best school that we all know"!

If you have any questions, please don't hesitate to reach directly.

Here are a few items that you need to be aware of. Please mark your calendars for the following events and activities at McAvinnue for the next few weeks:

- **Monday, March 31st - McAvinnue Reopens @ 9:10 AM**
- **Monday, March 31st - McAvinnue's MCAS "Pump Up" Pep Rally @ 9:30 AM - 10:15 AM**
- **Tuesday, April 1st - MCAS "Pump Up" Breakfast - Grade 3 @ 9:30 AM - 10:00 AM**
- **Wednesday, April 2nd - World Autism Awareness Day**
- **Wednesday, April 2nd - Grade 3 ELA MCAS: Session 1**
- **Thursday, April 3rd - Grade 3 ELA MCAS: Session 2**
- **Friday, April 4th - McAvinnue's "Lions Pride" Core Value All School Celebration: March Edition @ 9:30 AM - 10:15 AM**

If you have any questions, please don't hesitate to contact the Main Office at McAvinnue or send Mr. Domina a message a mdomina@lowell.k12.ma.us.

2025 MCAS Testing Dates: Grades 3 - 4

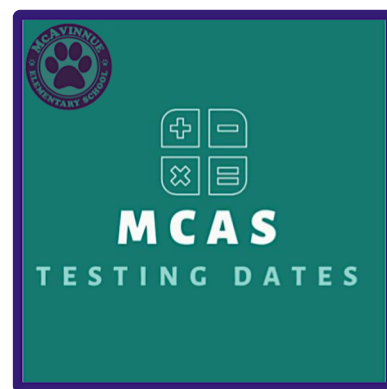
We have scheduled McAvinnue's MCAS dates for this school year. Please see the dates below for both Grade 3 and Grade 4.

ELA

- Grade 3 ELA - April 2nd (Session 1); April 3rd (Session 2)
- Grade 3 ELA Make Up Sessions - April 4th & 7th
- Grade 4 ELA - April 9th (Session 1); April 10th (Session 2)
- Grade 3 ELA Make Up Sessions - April 11th & 14nd

Math

- Grade 3 Math - May 7th (Session 1); Math 8th (Session 2)
- Grade 3 Math Make Up Sessions - Math 9th & 12th
- Grade 4 Math - May 13th (Session 1); May 15th (Session 2)
- Grade 3 Math Make Up Sessions - May 16th & 19th



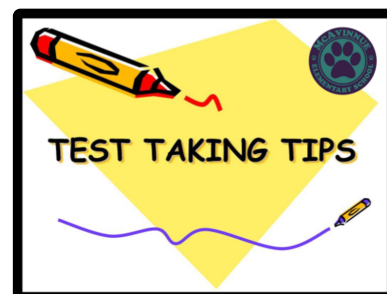
It's important that ALL of our students attend on the days that their grade level is testing. Being rested, on time, and fully prepared is essential for students to "show what they know" and do their

very best!

If you have any questions, please reach out directly to your child's teacher for additional information.

MCAS Test Taking Tips

Here are some simple but effective testing taking tips in preparation for the up and coming MCAS testing for our Grade 3 and 4 students.



Mark your calendar for testing dates

Testing dates can be found above.

Don't stress your kids out

A parent's nervousness could really add to any stress that your child might already be feeling. If s/he isn't worried, you could make him worried.

Get good sleep before a test

Getting good sleep every night is a good strategy. Before a test it is even more important. They will be able to focus and concentrate better when they are well rested.

Eat a good breakfast before a test

Avoiding sugary or heavy foods is important. Having whole grains, fruits, yogurt, and/or eggs will give kids the fuel they will need during the test.

Choose clothes that will be comfortable and not distraction

Kids don't need to be adjusting their clothing during the test. Clothes with itchy textures that will cause kids to want to scratch will break their concentration. Clothes with Velcro closures, zippers or buttons that kids will want to open and close can be a distraction too.

Try to make the time before testing stress free

Having everything ready to go to in your kid's backpack before the rush out the door will cut down on everyone's frustration. Snacks/lunches can be made the night before. Clothes can be laid out early too.

Make sure you child has taken all their medications

You will want to make sure that the medications that help them with medical issues are doing their job. Not having them could lead to health issues coming up during the test.

Be on time for school

Being on time will give your children a chance to become familiar with the testing location and help them stay calm.

Give your child a positive message to start the day.

Take the time to let them know you believe in them.

Remind your child to do their best

Sometimes this simple reminder helps kids really try on tests.

Practice taking deep breathes to relax

If your children tend to get stressed out about test, show them how to take deep relaxing breaths. It can really calm kids down.

Remind your child to listen and read all directions carefully.

Different tests can have very different directions. It is so important to listen and read over directions.

Remind them to use their time wisely.

If they get to something they don't know, they can make an educated guess and move on. Students can get bogged down at the beginning of a test. They get very frustrated when others finish much earlier. They get worried about finishing the test. This one of those testing taking strategies you don't want to skip. Kids need to know that everyone works at their own pace and that it's okay for them to finish whenever they are ready. MCAS tests are untimed, so students can have as long as they need.

World Autism Awareness Day

WORLD AUTISM AWARENESS DAY 2025



On Wednesday, April 2nd, we will celebrate and honor World Autism Awareness Day at McAvinnue!

World Autism Awareness Day is an annual event that highlights the need for increased awareness and understanding of autism spectrum disorder. Autism affects millions of people worldwide, impacting their social, communication, and behavioral skills in varying degrees. The day serves as a platform to address the misconceptions and stigma surrounding autism, to promote early diagnosis and intervention, and to support the rights and well-being of individuals with autism. It is also a time to celebrate the unique perspectives and talents that people with autism bring to their communities.

As you are aware, McAvinnue supports students diagnosed on the Autism spectrum in 3 amazing programs! Students that are part of these programs make tremendous progress and gains throughout the school year. They are highly active members of our school community...they are students we support...and they are students that we fully accept as part of "the best school we all know"!

Show to show our support, McAvinnue will wear our "Autism Awareness" gear to school on Wednesday, April 2nd!

For more informaton, please click the link below:

<https://www.awarenessdays.com/awareness-days-calendar/world-autism-awareness-day-2025/>

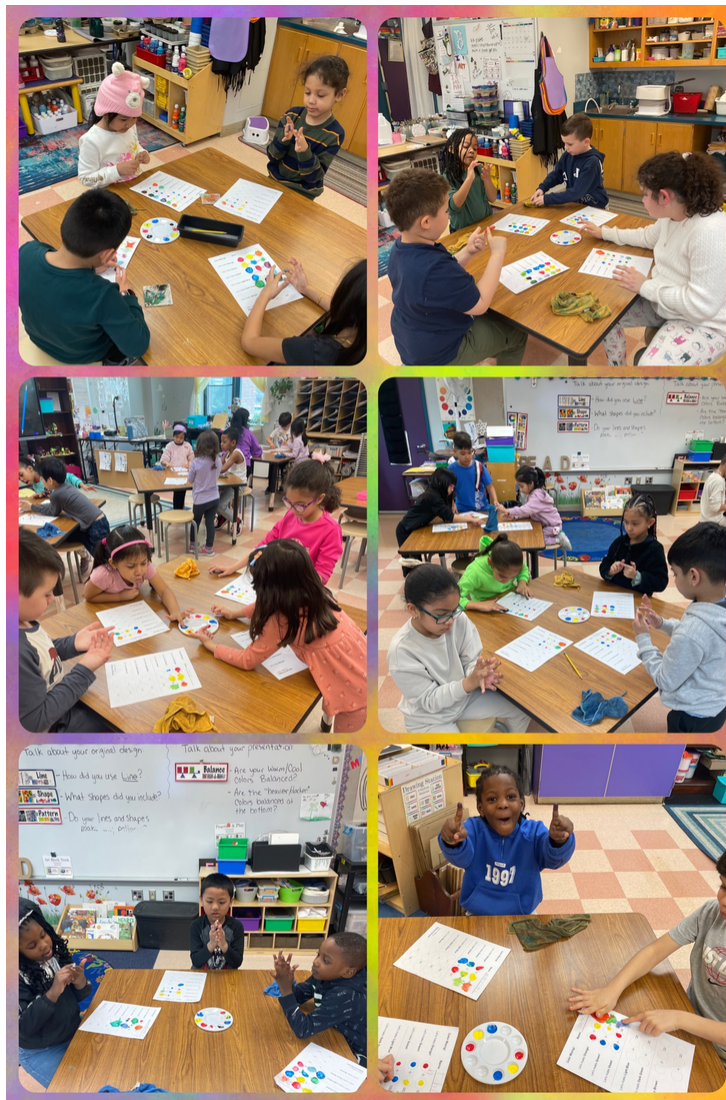
McAvinnue's Week In Review



McAvinnue's "Artist of the Week"

McAvinnue's "Artist of the Week" is Emiliano in Room 103! He did an amazing job building his paper sculpture of an abstract tree. Fantastic effort and creativity!





Color Mixing Fun!

In Art class, students in Kindergarten and Grade 1 explored mixing primary colors to make secondary colors, adding white or black to make different values, and experimenting with different complimentary color combinations to make brown! Now this sounds like some fun learning!





McAvinnue's "Musician of the Week"

McAvinnue's "Musician of the Week" is Reagan in Room 208! Reagan has learned several dances, including a penguin "line dance". She can also use drumsticks to both play the beat and copy different rhythms, showing great listening skills. So great!

Allergies? Asthma? Medications? - Please Let Nurse Danielle Know!

If your students have any medical concerns or diagnosis, please make sure Nurse Danielle is aware. Also, if they have any medical conditions, for example allergies or asthma, that require medications such as Epipens or inhalers here at school, please remember she needs updated paperwork and medication yearly.

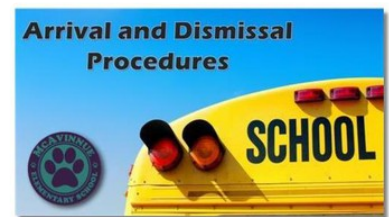


Please reach out as soon as possible to get her the necessary paperwork and to arrange drop off of new medications. Nurse Danielle's email address is dralls@lowell.k12.ma.us and she can also be reached by calling (978) 937-2871 ex. 47858. Our fax number is (978) 937-2880.

Drop-Off & Pick-Up Logistics

Drop-Off Logistics

- Arrival begins at 9:10 AM each day. The late bell rings at 9:25 AM.
- Please pull up to the 4th Avenue side of the building when dropping off your child.
- As you approach the 4th Avenue sidewalk, a faculty member will greet and support getting your child safely out of the vehicle.
- This area is a drop off area ONLY. You will not be permitted to park in this location.
- Please be sure to drive all the way down to the end of the sidewalk so we can fit as many vehicles in this location as possible.
- Ensure your child is ready to go and do not get out of the car so we can keep traffic moving.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- Large bus students will enter using the back door located in the rear of the school building.
- Small bus and van transportation students will use the 4th Avenue door near the rear of the school building by the exit driveway.



Morning Lining Up Locations

- Grade 1, 3, and 4 students will use the Main Door to enter the school building.
- Grade 2 will use the 4th Avenue doorway near the front of the school to enter the building.
- PreK & Kindergarten will use the Early Childhood door to enter the building. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.

Pick-Up Logistics

- Grade 1 will be dismissed out the Main Door.
- Grades 2, 3, and 4 will be dismissed out the 4th Avenue door near the front of the school.
- Kindergarten students will be dismissed out the Early Childhood door. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- PreK students will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway. Please contact Ms. Annie for the specific dismissal time.

Bus Transportation Information

School bus transportation is provided to students in grades K-4, who live greater than .75 mile from their residence or alternate address to their assigned school. Middle school students (grades 5-8) must live greater than 1.5 miles from their residence or alternate address to their assigned school.



Kindergarten through 4th grade students will receive a printed bus pass via postal mail. These passes were mailed out on August 23rd. You can also look up your student's bus pass information by using their Student ID for the username and date of birth for the password at the link below. This is the same information that students use to log in to their Chromebooks for school.

Please note that Kindergarten and 1st grader students **must** have an older sibling (4th grade or older) or parent present at the bus stop in the afternoon in order to depart from the school bus. If a parent or older sibling is not present, the student will be brought to the Moody School, located at 158 Rogers Street. A driver's license or valid identification must be presented to the staff in order to dismiss the student.

You can use the LPSD "Bus Lookup Tool" using the link below. You will need to use you child's LASID or lunch number along with their birthdate to access this helpful system.

There also is a helpful video that you can watch that will walk you through the process.

Click Here For The LPSD "Bus Lookup Tool"

You will need to have your child's LASID or lunch number to access the most up to date bus information for your child. Please keep in mind that this number is also used to log into your child's borrowed device.

Bus Pass Lookup Tutorial

Tyler's Versatrans e-Link

Welcome to Lowell Public Schools eLink



User Name:

Password:

Login

User Name= lunch code

Password= birthday
mmddyyyy

Example: August 31, 2009
08312009

Is Your Bus On Time?

The Lowell Public Schools Transportation Department has added a live spreadsheet to its webpage that indicates in the AM or PM if a school bus (grades K-8) is running late and by how long.

Check it out today: <https://www.lowell.k12.ma.us/Page/5990>




Physical Education Class Information With Ms. Rindo


Here is information regarding when each grade level and homeroom has weekly Physical Education Class with Ms. Rindo.

Please ensure that your child wears sneakers on their assigned day in the gymnasium so that can fully participate.

Kindergarten- Physical Education Class

Monday	Tuesday	Wednesday	Thursday	Friday
	Ms. Pepper 205	Mrs. Lewis 206	Mrs. Zolkos 207	Ms. Martineau 208


 Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte!




Kindergarten

Grade 1- Physical Education Class

Monday	Tuesday	Wednesday	Thursday	Friday
Mrs. Gervais 204		Ms. Corio 201	Mrs. Joyce 202	Ms. Wagner 203


 Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte!




Grade 1

Grade 2- Physical Education Class

Monday	Tuesday	Wednesday	Thursday	Friday
Mrs. Ubele 101	Mrs. Makumbi 102	Ms. Carrucini 103	Ms. Michaud 104	


 Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte!




Grade 2

Grade 3- Physical Education Class

Monday	Tuesday	Wednesday	Thursday	Friday
Mrs. Abrams 302	Mrs. Cutrumbes 303	Mrs. M-C 304		Ms. Ryder 301


 Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte!




Grade 3

Grade 4- Physical Education Class

Monday	Tuesday	Wednesday	Thursday	Friday
Ms. Clemente 309	Mrs. Leczynski 310		Mrs. Figueroa 307	Mrs. McCann 308


 Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte!




Grade 4

CSA- Physical Education Class

Tuesday	Wednesday	Thursday
Ms. Pastor 108	Mrs. Orozco 109	Mrs. Irwin 211

 Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte!



CSA

McAvinnue's Yoga Pose Of The Week: "Eagle" Continued...

For this upcoming week, we will continue a pose that we tried early in the school year called the "Eagle". This pose will continue to allow us to work on maintaining a calm and clear focus using a technique that maximize balance integration and unique upper body positioning. We will practice the "Eagle" pose daily during our Morning Announcements during this up and coming week.

You can get an early head start and practice this technique before we launch into another exciting week!



Eagle

**Calm. Clarity. Focus.
Balance. Integration.**



1. Begin in Mountain. Find a focus point, a small, unmoving object directly across your line of vision.
2. Extend both arms out straight in front of you and bend at the elbows. Cross the left elbow over right. Wrap the forearms so that your palms come together.
3. Shift your weight to your left foot and bend your knees slightly. Lift your right leg and wrap it up and over the left. You may choose to keep your right big toe on the floor for balance.
4. Breathe, continuing to gaze past your arms to your focus point for several breaths.
5. Come out of the pose by inhaling to stretch out your arms and legs wide like a soaring eagle. Exhale to come back to rest in Mountain. Switch sides.



Cross & Connect.

- **Standing.** Begin in Standing Mountain. Cross your right foot over your left. Stretch your arms out in front of you and cross your right wrist over your left. Turn your palms to face each other and interlock your fingers. Bend your elbows out and bring your hands in towards your body until they rest at the center of your chest. Find a focus point with your eyes and rest your tongue on the roof of your mouth behind the teeth. Breathe evenly in this position for 60 seconds or more. Notice how you feel.

- **At Your Desk:** Being in Sitting Mountain. Stretch your legs out and cross one ankle over the other. Continue as described above.



Upcoming Events



UPCOMING EVENTS

Here are important dates to remember for the remainder of March and early April:

- **Monday, March 31st - McAvinnue Reopens @ 9:10 AM**
- **Monday, March 31st - McAvinnue's MCAS "Pump Up" Pep Rally @ 9:30 AM - 10:15 AM**
- **Tuesday, April 1st - MCAS "Pump Up" Breakfast - Grade 3 @ 9:30 AM - 10:00 AM**
- **Wednesday, April 2nd - World Autism Awareness Day**
- **Wednesday, April 2nd - Grade 3 ELA MCAS: Session 1**
- **Thursday, April 3rd - Grade 3 ELA MCAS: Session 2**
- **Friday, April 4th - McAvinnue's "Lions Pride" Core Value All School Celebration: March Edition @ 9:30 AM - 10:15 AM**
- **Tuesday, April 8th - MCAS "Pump Up" Breakfast - Grade 4 @ 9:30 AM - 10:00 AM**
- **Wednesday, April 9th - Grade 4 ELA MCAS: Session 1**
- **Thursday, April 10th - Grade 4 ELA MCAS: Session 2**
- **Friday, April 11th - "ALICE" School Response Safety Drill @ 10:00 AM - 10:15 AM**
- **Friday, April 11th - ST Math's "JiJi Day"**
- **Friday, April 18th - Good Friday Holiday - No School**
- **Monday, April 21st - Friday, April 25th - Spring Break (All Schools Closed)**
- **Tuesday, April 22nd - Friday, April 25th - McAvinnue's April Vacation Program**
- **Monday, April 28th - Dentist @ McAvinnue**
- **Wednesday, April 30th - McAvinnue's "Lions Pride" Core Value All School Celebration: April Edition @ 9:30 AM - 10:15 AM**

ST Math Weekly Progress!

As we wrap up the month of March, the excitement of magnificent puzzle play is still going strong! Students continue to conquer challenges, achieve new ST Math milestones, and demonstrate outstanding perseverance. Your hard work and dedication are making a difference—every puzzle solved is a step toward success! Let's finish the month with the same energy and enthusiasm. Keep up the great work!



McAvinnue's Puzzle Count Progress:

Students have solved an impressive number of puzzles- over 728,400!

The Math Journey

McAvinnue's Puzzle Goal Progress is 75%. That's 5% from our end of year goal, and we have 2.5 months of puzzle play remaining.

We are two weeks into Swish & Solve: The ST Math March Mathness Showdown! Last week, increases and new percentages were posted at classrooms. This week, updates will be added.

Be on the lookout to see which classroom is in the lead on the Monday edition of McAvinnue's Morning Announcements!



STMath



**Over 728,400
puzzles solved**



75%

Average Puzzle Goal Progress



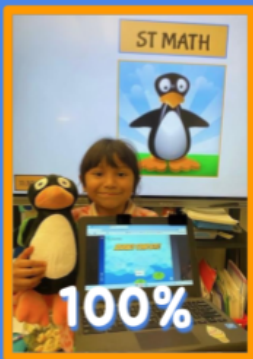
STMath



ST Math Champions!



McAvinnue's ST Math Progress Champions



Rose
Room 204



Jomalia
Room 308



Nihit
Room 303

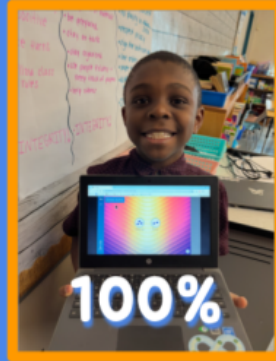




McAvinnue's ST Math Progress Champions



Shyloh
Room 206



Ifordley
Room 303



Teagan
Room 304



McAvinnue's ST Math Progress Champions



Amaia
Room 304



Catherine
Room 304



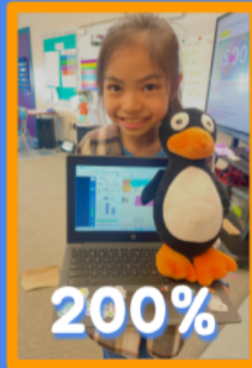
Nathaniel
Room 305



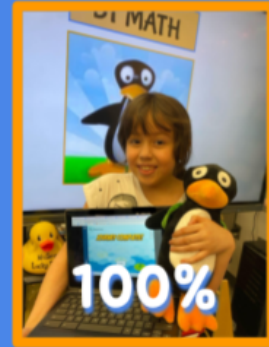
McAvinnue's ST Math Progress Champions



Kevin
Room 303



Sovi
Room 302



Sara
Room 204



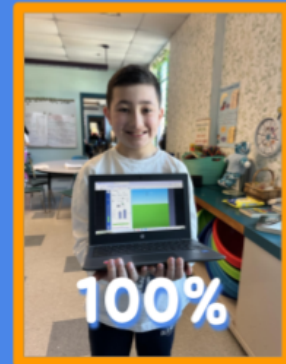
McAvinnue's ST Math Progress Champions



Nishtha
Room 202



Cormac
Room 104



Landen
Room 310

2024-2025 School Year Calendar

Superintendent of Schools-Lowell Public Schools- Lowell, MA
2024-2025 School Year Calendar

Monday, August 26, 2024	Staff Return to School – Staff Orientation Day
Tuesday, August 27, 2024	First Day of School – Grades 1-12
Friday, August 30, 2024	No School Labor Day Recess
Monday, September 2, 2024 *	No School – Labor Day
Tuesday, September 3, 2024	No School – State Primary Elections
Wednesday, September 4, 2024	First Day of School – Pre-Kindergarten & Kindergarten
Wednesday, October 9, 2024	Wednesday - Early Release for grades PreK-12
Monday, October 14, 2024 *	No School – Indigenous Peoples' Day
Tuesday, November 5, 2024	No School for Students - Election Day - Professional Day for Staff
Monday, November 11, 2024 *	No School - Veterans' Day Observed
Wednesday, November 27, 2024	Early Dismissal – Thanksgiving Recess
Thursday, November 28, 2024 *	No School - Thanksgiving Day
Friday, November 29, 2024 *	No School – Thanksgiving Recess
Monday, December 2, 2024	Schools Re-Open
Wednesday, December 4, 2024	Wednesday - Early Release for grades PreK-12
Friday, December 20, 2024	Winter Vacation Begins at the Close of Day
Tuesday, December 24, 2024 *	Christmas Eve
Wednesday, December 25, 2024	Christmas Day
Tuesday, December 31, 2024 *	New Year's Eve
Wednesday, January 1, 2025 *	New Year's Day
Thursday, January 2, 2025	Schools Re-Open
Wednesday, January 8, 2025	Wednesday - Early Release for grades PreK-12
Monday, January 20, 2025 *	No School – Martin Luther King, Jr. Day
Wednesday, February 5, 2025	Wednesday - Early Release for grades PreK-12
Friday, February 14, 2025	Mid-Winter Vacation Begins at the Close of School
Monday, February 17, 2025 *	President's Day [Mid-Winter Vacation: Monday, February 17 – Friday, February 21, 2025]
Monday, February 24, 2025	Monday – Schools Re-Open
Wednesday, March 5, 2025	Wednesday - Early Release for grades PreK-12
Thursday, April 17, 2025	Spring Vacation Begins at the Close of School
Friday, April 18, 2025 *	No School – Good Friday
Monday, April 21, 2025 *	Patriot's Day – [Spring Break: Monday, April 21 – Friday, April 25, 2025]
Monday, April 28, 2025	Schools Re-Open
Wednesday, May 14, 2025	Wednesday - Early Release for grades PreK-12
Monday, May 26, 2025 *	No School – Memorial Day
Friday, June 13, 2025	180 th School Day - Early Release for grades PreK-12 on Last Day of School
Thursday, June 19, 2025 *	Juneteenth
Monday, June 23, 2025	185 th School Day [Includes five (5) Snow Days]

Approved by the Lowell School Committee at their meeting of: 4/17/24

* Central Administration, Family Resource Center will be closed in observance of a holiday

Number of School Days Per Month			
August	3	January	21
September	19	February	15
October	22	March	21
November	17	April	16
December	15	May	21
		June	10



2024-2025 LPSD Calendar.pdf

Download

236.8 KB

McAvinnue's Morning Announcements

McAvinnue's "Morning Announcements" are back once again for the 2024-2025 academic school year! We are excited to bring these back starting on Monday, September 16th!

Like we had successfully done during previous school years, a new edition of McAvinnue's "Virtual" Morning Announcements will be presented to our students on Monday, Wednesday, and Friday each week. We will continue to use Tuesday and Thursday each week to be used for "Open Circle"....our Social Emotional Learning (SEL) program that focuses on community building, prosocial decision making, and appropriate responses to daily stressors both within the school and home settings.

This will continue to be a great way to bring our school together each day focusing on the same message to get the energy, commitment, and engage up before we launch into another great day at



"the best school we all know".

McAvinnue's Morning Announcements will occur on Monday, Wednesday, and Friday each week.

You can check out current and past editions of McAvinnue's Morning Announcements on our YouTube channel using the link below.

https://www.youtube.com/channel/UC7hxiBuRjqjgqfASI_RLMleQ

You can check out the latest edition of McAvinnue's Morning Announcements below for last school year!



Parent & Family Resources

LPS "Connector" Newsletter: March Edition

Wondering what is happening across the district? No need to wonder anymore...

Click here to see the latest edition of the LPD "Connector" Newsletter for the month of March.

<https://secure.smores.com/n/8cpbn>



Mental Health Student Support

Lowell Public School Families: We are committed to supporting the overall well-being of our students and believe mental health is an important part of overall health. We currently partner with Cartwheel <https://www.cartwheel.org/> to support the mental health needs of our students via virtual therapy with licensed clinicians.



Up until now, a student had to be identified and referred for these services by our school team. Now, parents/guardians can express interest directly in mental health services for their child. Just fill out this form <https://bit.ly/3QReTok>

Our school staff can still refer a student to Cartwheel with parent/guardian consent. To learn more about this mental health program, check out the flyer below.

Here are some signs to look out for to determine if your child might benefit from mental health support:

- Changes in mood or behavior
- Changes in eating or sleeping patterns
- Declining academic performance
- Withdrawal from friends or activities
- Increased anxiety or stress
- Expressing feelings of sadness or hopelessness
- Experiencing transition (related to life, family, peers, school)
- Exposure to a traumatic event

Supporting Your Child's Mental Health

Oftentimes, families are the first to recognize that their child might need mental health support but aren't sure where to start.

Cartwheel, our partner in supporting the mental health needs of our students, is now offering a way for parents/guardians to directly raise their hand for mental health support for their child.

Just fill out this simple form to inquire about accessing these services.



Cartwheel provides rapid access to evidence-based 1-1 teletherapy, psychiatric evaluations, medication management, parent guidance, and family therapy.

It is easy to access care. Connect via laptop, tablet, or phone. Services are available Mon-Fri, 8am-8pm (some Sat hours). Care provided in multiple languages, including Spanish.

Covered by most insurance plans. Standard co-pays and deductibles apply. Families with Medicaid or no insurance have \$0 out-of-pocket costs.



Signs that your child might need mental health support:

- Changes in mood or behavior
- Changes in eating or sleeping patterns
- Declining academic performance
- Withdrawal from friends or activities
- Increased anxiety or stress
- Expressing feelings of sadness or hopelessness
- Experiencing transition (related to life, family, peers, school)
- Exposure to a traumatic event

I was extremely impressed how fast he was scheduled to see a therapist once the referral was made. Both the therapist and the psychiatrist were absolutely wonderful, created an environment that made my son feel comfortable enough to talk and were so kind and patient. Highly satisfied!"

—Parent

www.cartwheel.org



How it works



Once you fill out the interest form, your school team will review your submission.



If your school team believes that Cartwheel is the right fit for your student, they will make a referral.



Cartwheel will reach out to you via text message to get started.

Some challenges Cartwheel can help your child with:

Anxiety	Coping skills
Stress	Motivation
Depression	Family and relationships
Sadness	Anger
Grief or loss	Trauma
Low self-esteem	School avoidance
Self-harm	Social issues
Navigating identity	Sleep issues
Technology use	And more...

First of all, it was so much easier and faster to get set up with Cartwheel than it would have been for us to find a new therapist in the traditional route. My son felt connected to his therapist right away, and we were grateful that a good match was found for him so quickly."

—Guardian



Want to learn more about mental health support for your child?



[Fill Out Form Here](#)

Questions? Please contact a member of your school's team or contact Cartwheel directly by calling/texting (617) 272-7439 or emailing office@cartwheelcare.org.

PreK & Kindergarten Registration 2025-2026

Preschool and Kindergarten Registration for the 2025-2026 academic school year opens February 3rd.

For all the info you need about registration visit: www.lowell.k12.ma.us/registration

You can also check out the flyer below for all of the details.



2025-2026

PRESCHOOL/KINDERGARTEN

REGISTRATION OPENS ON:

FEBRUARY 3, 2025

Lottery dates:

- Round 1 - Register for Pre-K and K on or before April 4th to be eligible for the first round of the lottery on May 2nd.
- Round 2 - Register for K on or before May 16th to be eligible for the 2nd K lottery on June 13th
- Round 3 - Register for K on or before June 27th to be eligible for the 3rd K lottery on July 18th

Families may register online at:

lowell.k12.ma.us

OR in person at the FRC:

151 Merrimack St.

For more information, please visit:

lowell.k12.ma.us/Domain/84

CURRENT PRE-K FAMILIES:

If your child currently attends preschool, you are still required to enroll for Kindergarten.

2025-2026 PRE-KINDER/KINDERGARTEN

LA INSCRIPCIÓN SE ABRE EL:

3 DE FEBRERO DE 2025

Fechas de lotería:

- Ronda 1: registre para Pre-K y K el 4 de abril o antes para ser elegible para la primera ronda de la lotería el 2 de mayo.
- Ronda 2: registre para K el 16 de mayo o antes para ser elegible para la segunda lotería K el 13 de junio.
- Ronda 3: registre para K el 27 de junio o antes para ser elegible para la tercera lotería K el 18 de julio.

Las familias pueden registrarse en línea en: lowell.k12.ma.us O en persona en el FRC:

151 Merrimack St.

Para obtener más información, visite: lowell.k12.ma.us/Domain/84

FAMILIAS ACTUALES DE PRE-K:

Si su hijo actualmente frequenta a preschool, ele ainda deve se matricular no jardim de infância.

2025-2026 PRÉ-JARDIM DE INFÂNCIA/JARDIM DE INFÂNCIA

INSCRIÇÕES ABERTAS EM:

3º DE FEVEREIRO DE 2025

Datas do sorteio:

- Rodada 1: Inscreva-se no Pré-K e K até 4 de abril para ser elegível para a primeira rodada da loteria em 2 de maio.
- Rodada 2: Inscreva-se no K até 16 de maio para se qualificar para a segunda loteria K em 13 de junho.
- Rodada 3: Inscreva-se no K até 27 de junho para se qualificar para a loteria do 3º K em 18 de julho.

As famílias podem se registrar online em: lowell.k12.ma.us Ou pessoalmente no FRC:

151 Merrimack St.

Para obter mais informações, visite: lowell.k12.ma.us/Domain/84

FAMILIAS PRÉ-K ATUAIS:

Se seu filho atualmente frequenta a preschool, ele ainda deve se matricular no jardim de infância.

2025-2026 PRE-KINDER/KINDERGARTEN

LA INSCRIPCIÓN SE ABRE EL:

3 DE FEBRERO DE 2025

Fechas de lotería:

- Ronda 1: registre para Pre-K y K el 4 de abril o antes para ser elegible para la primera ronda de la lotería el 2 de mayo.
- Ronda 2: registre para K el 16 de mayo o antes para ser elegible para la segunda lotería K el 13 de junio.
- Ronda 3: registre para K el 27 de junio o antes para ser elegible para la tercera lotería K el 18 de julio.

Las familias pueden registrarse en línea en: lowell.k12.ma.us O en persona en el FRC:

151 Merrimack St.

Para obtener más información, visite: lowell.k12.ma.us/Domain/84

FAMILIAS ACTUALES DE PRE-K:











Si su hijo actualmente frequenta a preschool, ele ainda deve se matricular no jardim de infância.

Should I Send My Child To School?

Please see the chart below that will help you decide whether you should send your child to school.

If you have any questions or are not sure whether you should send your child to school, please reach out to the school and ask to speak with Nurse Danielle.

SHOULD I SEND MY CHILD TO SCHOOL?

 STAY HOME FOR...	 Students May Return after...
 Fever: temperature of 100.4°F or greater	Fever-free for 24 hours without taking fever-reducing medicine like Tylenol or Motrin
 Vomiting or Diarrhea 	Symptom-free for 24 hours
 Skin Rash	Condition has been diagnosed by a doctor, and treatment started if indicated, and doctor's note received by nurse
 Red eyes with eye drainage: yellow or brown drainage from the eyes, crusting at eyelashes	Condition has been diagnosed by a doctor, and treatment started if indicated, with a doctor's note (24 hours on antibiotics if conjunctivitis)
 Live Head Lice	Medicated Lice Shampoo Treatment has been completed, and no live lice are found
 A contagious illness like chickenpox, or strep throat	A doctor or public health official says it is safe to return and/ or the child has been on antibiotics for 24 hours.
 Student's immunizations are not up-to-date and an exclusion notice has been given	Required vaccines have been received









OK FOR SCHOOL!

- Chronic Diseases (Controlled Asthma, Diabetes, Sickle Cell, Epilepsy)
- Mild Cold Symptoms – Stuffy nose/ runny nose, sneezing, mild cough, no fever
 - Menstrual Issues – cramps
- Someone at home is sick, stressed, or hospitalized



¿DEBERIA LLEVAR A MI HIJO A LA ESCUELA?

 Estar en casa para	 Los estudiantes podrán regresar después de...
 Fiebre: temperatura de 38 °C o mas alta	Sin fiebre durante 24 horas, sin haber tomado medicamentos reductores de fiebre como Tylenol o Motrin.
 Vómitos o diarrea 	Sin sintomas durante 24 horas
 Erupción cutánea	Un medico ha diagnosticado la afección y se ha iniciado el tratamiento si es necesario, y la enfermera ha recibido una nota del médico
 Ojos rojos con secreción ocular: secreción amarilla o marrón de los ojos y formación de costras en las pestañas	Un medico ha diagnosticado y comenzado el tratamiento si es necesario, con nota médica (24 horas de antibióticos si es conjuntivitis)
 Piojos vivos	El tratamiento con champu medicado contra piojos se ha completado y no se encontraron piojos vivos
 Una enfermedad contagiosa, como la varicela o la faringitis estreptocócica.	Un médico o un funcionario de salud pública ha indicado que es seguro regresar, y/o el niño ha estado tomando antibióticos durante 24 horas.
 Las vacunas del estudiante no están actualizadas y se ha emitido un aviso de exclusión	Se han recibido las vacunas necesarias



Por Favor, Mande a su hijo/a a la escuela si...

- Enfermedades crónicas (asma controlada, diabetes, anemia de células falciformes, epilepsia)
- Sintomas de resfriado leve: Nariz congestinada, Nariz goteando, estornudos, tos leve, sin fiebre.
- Problemas menstruales: calambres
- Alguien en casa está enfermo, estresado o hospitalizado



DEVO MANDAR MEU FILHO PARA A ESCOLA?

 FIQUE EM CASA POR...	 Os estudantes podem voltar após...
 Febre: temperatura de 38 °C ou acima	Sem febre por 24 horas, sem o uso de medicamentos para reduzir a febre, como Tylenol ou Motrin
 Vômito ou diarreia	 Sem sintomas por 24 horas
 Erupção cutânea	A condição for diagnosticada por um médico, e o tratamento for iniciado, se indicado, e o atestado médico foi recebido pela enfermeira.
 Olhos vermelhos com secreção ocular: secreção amarela ou marrom dos olhos e formação de crostas nos cílios.	Condição diagnosticada por um médico, o tratamento iniciado, se indicado, o atestado médico (24 horas de antibióticos para conjuntivite).
 Piolhos vivos	O tratamento com shampoo terapêutico para piolhos concluído e nenhum piolho ativo for encontrado.
 Uma doença contagiosa, como catapora ou faringite estreptocócica	Um médico ou funcionário de saúde pública afirmar que é seguro retornar e/ou a criança está tomando antibióticos há 24 horas.
 As vacinações do estudante não estiverem atualizadas e um aviso de exclusão foi emitido.	As vacinas exigidas foram tomadas



Por favor, envie seu filho(a) para a escola se...

- Doenças Crônicas (Asma Controlada, Diabetes, Anemia Falciforme, Epilepsia)
- Sintomas Leves de Constipação – Nariz entupido/coriza, espirros, tosse leve, sem febre
- Dificuldades menstruais – dores
- Alguém em casa está doente, estressado ou hospitalizado

Mill City Grows: Mobile Farmers Market

A new year, a new Indoor Mobile Farmers Market season!

Our 2025 Winter/Spring Indoor Markets will run January 16th - April 10th on Wednesdays and Thursdays at [City of Lowell Senior Center](#) and [University Crossing at UMass Lowell](#). Free parking is available at both locations.

All our Markets accept SNAP/EBT, HIP, Apple Pay, WellSense, S3/OTC Healthy Grocery Gift Card, cash, credit, debit, and Mill City Grows eGift Cards.

Get details at MillCityGrows.org/mobile-markets and shop all season long with Mill City Grows!



MillCityGrows.org
978-455-2620

Purchase fresh, locally grown produce
in Lowell, MA, all season long!

2025 Winter/Spring Indoor Mobile Farmers Markets

University Crossing Lobby
220 Pawtucket Street

Biweekly Wednesdays
1pm - 4pm

January 22
February 5, 19
March 5, 19
April 2

Lowell Senior Center Cafeteria
276 Broadway Street

Biweekly Thursdays
10am - 12pm

January 16, 30
February 13, 27
March 13, 27
April 10

We welcome these payment options:

SNAP/EBT, HIP, APPLE PAY, WELLSENSE, MCG E-GIFT CARDS,
CASH, CREDIT, DEBIT, S3 OTC/HEALTHY GROCERY CARD

Free parking near University Crossing for Mobile Market shoppers:

UMass Lowell Salem Street Parking Lot
294 Salem Street, Lowell
(Please look for parking signs)

 **USDA** National Institute of Food and Agriculture
U.S. DEPARTMENT OF AGRICULTURE

 **BANK OF AMERICA**



 **MDAR**

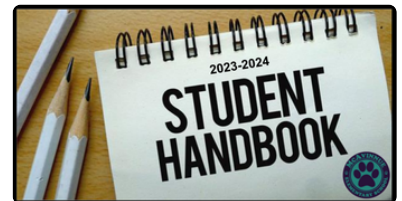


**Cummins
Foundation**



Student Handbook 2024-2025

The LPS Student Handbook is a great tool to use to fully understand the expectations of the role of our students as well as the partnership needed for our families to ensure that the school year is a great success.



You can access the district elementary student handbook by clicking the button below. You will find various policies and procedures focusing on attendance, grading, discipline, bus expectations, and more.

Please reach out directly if you have any questions.

[**Click Here To Access The LPS 2024-2025 Student Handbook**](#)

McAvinnue's School Attendance Information

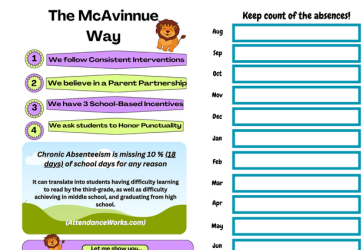
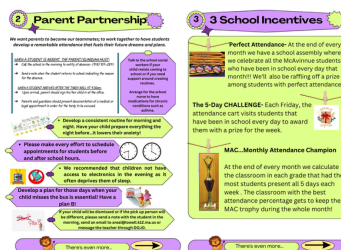
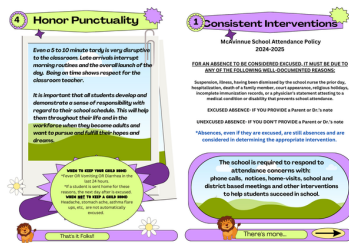
As you are aware, attending school is first step each in the learning process for our students. It is critical that our students arrive to school on time each day so that they can access all of the engaging and meaning lessons that have been planned by our teachers and related service providers.



The McAvinnue Attendance Team will monitor student attendance on a weekly basis and will reach out directly to families when they notice frequent absences, a pattern of absences, or an increased number of consecutive absences within a short period of time.

Please refer to McAvinnue's Student Attendance Booklet below that will provide additional information. This booklet will be sent home with students in multiple languages. It is important that you review this information for your own awareness and to be fully prepared to support your child with the first step of the learning process...attending school on time.

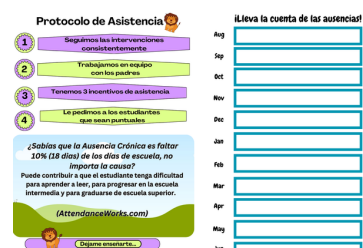
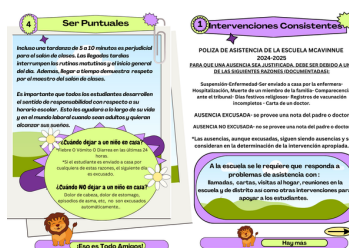
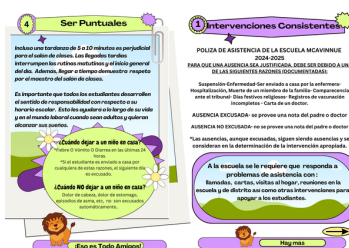
The handbook is provided in three languages below.



English

English

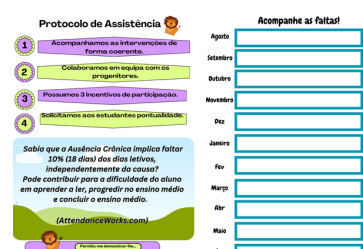
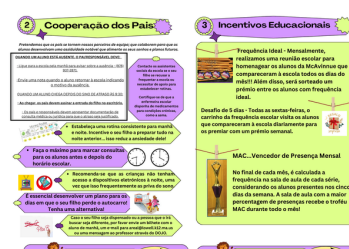
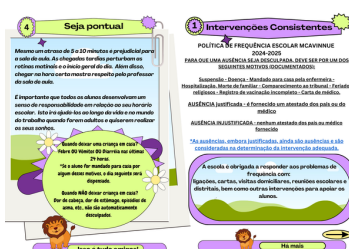
English



Spanish

Spanish

Spanish



Portuguese

Portuguese

Portuguese

Breakfast and Lunch Will Be Free for All LPS Students

As we reopen for the new school year, Lowell Public Schools Food and Nutrition are "Powering Potential" for students and faculty with innovations in our menus and enhancements to our overall dining operations. When your child dines with us, rest assured that we will be serving delicious, nutritious meals prepared with the utmost attention to safety. We encourage every student to fuel up with breakfast and lunch meals each day so they can be energized and prepared to succeed throughout the day, in and out of the classroom.

Please keep up to date on our program, nutrition education, monthly menus and back to school letters on the [LPS Food and Nutrition website](#).

Any concerns please feel free to email foodservice@lowell.k12.ma.us



GREAT NEWS

**MASSACHUSETTS PASSES
PERMANENT FREE
SCHOOL MEALS FOR ALL**

WHY EAT SCHOOL BREAKFAST + LUNCH?

Better Productivity	improved focus, behavior, & attendance rate.
Better Health	good for the brain & gives students the fuel to learn.
Better Days	one less thing to worry about & it's free!

 PROJECT BREAD 

March & Early April Breakfast & Lunch Menus



Breakfast

MENU



March 2025
Elementary
Breakfast Menu

Check out <https://lowellk12ma.nutrislice.com/> for Menu's, Nutrition Education & Monthly Promotions! Questions or concerns please contact foodservices@lowellk12.ma.us

All Breakfast items are whole grain. Offered Daily: 1 % and Skim Milk and Fresh Fruit All Breakfast is provided free for all students. Menu is subject to change.

 This institution is an equal opportunity provider

3 Pancake Sausage on a Stick Blueberry Pomegranate Granola Bake Served with Apples & Pears	4 French Toast Sticks Chocolate Chip Muffin Served with Oranges & Juice	5 Tater Tot Breakfast Nachos Betty Crocker Bar Served with Strawberries & Clementines	6 Mini Cinni Caramel Bagel Nature Valley Round Served with Fresh Fruit Cup & Juice	7 Nat'l Cereal Day Assorted Cereal Bowl Cinnamon Roll Served with Apples & Bananas
National School Breakfast Week!				
10 Banana Breakfast Bread Assorted Cereal Bowls with Graham Cracker Served with Apples & Pears	11 Bacon, Egg & Cheese Wrap Blueberry Muffin Served with Oranges & Juice	12 Powdered Sugar Donut Asst. Cereal Bar Served with Apples & Clementines	13 Egg and Cheese English Muffin Blueberry Pomegranate Granola Bar Served with Fresh Fruit Cup & Juice	14 Mixed Berry Yogurt Parfait Bagel with Cream Cheese Served with Apples & Bananas
17 Pancake Sausage on a Stick Assorted Cereal Bowl with Graham Cracker Served with Apples & Pears	18 Smoothie Day Breakfast Smoothie Chocolate Chip Muffin Served with Oranges & Juice	19 Mill City Sandwich Betty Crocker Bar Served with Strawberries & Clementines	20 Mini Cinni Caramel UBR Round Served with Fresh Fruit Cup & Juice	21 Egg and Cheese Wrap Bagel with Cream Cheese Served with Apples and Bananas
24 Cinnamon Raisin Bagel Assorted Cereal Bowls with Graham Cracker Served with Apples & Pears	25 Sausage, Egg, Cheese Bagel Chocolate Chip Muffin Served with Oranges & Juice	26 Apple Frudel Asst. Cereal Bar Served with Apples & Clementines	27 Egg & Cheese English Muffin Oatmeal Raisin Round Served with Fresh Fruit Cup & Juice	28 Breakfast Smoothie Bagel with Cream Cheese Served with Apples & Bananas
31 Maple Mini Waffle Assorted Cereal Bowls with Graham Cracker Served with Apples & Pears	1 Bacon, Egg & Cheese Bagel Sandwich Blueberry Muffin Served with Oranges & Juice	2 Breakfast Smoothie Benefit Bar Served with Strawberries & Clementines	3 Sausage, Egg, and Cheese Wake up Wrap UBR Round Served with Fresh Fruit Cup & Juice	4 Cinnamon Roll Bagel with Cream Cheese Served with Apples and Bananas

MARCH 2025 Elementary Lunch Menu

Breakfast and Lunch are FREE for all students!
Our menu consists of Whole Grains, Fresh Fruits and Vegetables. Students must take a fruit and/or vegetable with each lunch. All meals are served with the option of milk. Sunbutter and Jelly Sandwiches and Vegetarian Meals served daily. Menus are subject to change.
V= Vegetarian LG=Locally Grown LTO= Limited Time Offer
HOTM=Harvest of the Month

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Philly Chicken Cheese Sub	3	Lowell Grande Nachos	4	Early Release! Chicken Tenders with a Dinner Roll	5	Waffles with Chicken Sausage	6	Cheese Pizza V	7
Pizza Crunchers V		Chipotle Cheesy Nachos V		Veggie Nuggets with a Dinner Roll V		or Vegetarian Sausage V		Buffalo Chicken Pizza	
Asian Chicken Salad with Flatbread V		Crispy Chicken Sandwich		Hamburger & Cheeseburgers		Loaded Baked Potato with a Dinner Roll		Asian Chicken Salad with Flatbread V	
Tuna Salad Sandwich on a Bulkie Roll		Pretzel Platter V		Asian Chicken Salad with Flatbread V		Pretzel Platter V		Tuna Salad Sandwich on a Bulkie Roll	
Green Beans & Side Salad LG		Turkey BLT Sub		Cucumbers & Carrots LG		Roasted Veggies & Green Beans		Red Pepper Strips & Side Salad LG	
Applesauce & Pears		Kickin Beans & Corn		Bananas & Berry Cup		Fresh Fruit Cup & Pears		Apples & Bananas	
Country Chicken Bowl with a Corn Muffin	10	Pretzel Platter V	11	Laurie's American Chop Suey	12	LTO: Cajun Biscuits and Gravy	13	Cheese Pizza V	14
Country Bowl with Vegetarian Nuggets V		Turkey BLT Sub		Chicken Gyo with Tzatziki		Crispy Chicken Sandwich		Big Mac Pizza	
Omelette with a Bagel		Black Bean Burger V		Falafel Gyo with Tzatziki V		Veggie Nuggets with a Dinner Roll V		Ham Chef Salad with Flatbread	
Ham Chef Salad with Flatbread		Bagel Power Pack V		Ham Chef Salad with Flatbread		Bagel Power Pack V		Italian Sub	
Roasted Potatoes & Carrots LG		Moroccan Harissa Wrap		Cucumber & Carrots LG		Green Beans & Carrots LG		Red Pepper Strips & Side Salad LG	
Apples & Pears		Kickin Beans & Fiesta Corn		Bananas & Berry Cups		Pears & Fresh Fruit Cup		Apples & Bananas	
Deluxe Chicken Sandwich with Honey Bee Sauce	17	Arroz con Pollo	18	Lok Lak	19	Chili Garlic Popcorn Chicken with Lo Mein	20	Cheese Pizza V	21
Hot Pretzel Dippers V		Vegetarian Nuggets with a Dinner Roll V		Pizza Crunchers V		Hamburger & Cheeseburgers		Hawaiian Pizza	
Chicken Caesar Salad with Flatbread LG		HOTM: Charcuterie Platter V LG		Chicken Caesar Salad & Flatbread LG		Black Bean Burger V		Chicken Caesar Salad with Flatbread LG	
Turkey and Cheese Sandwich		Ham and Cheese Sub		Turkey and Cheese Sandwich		HOTM: Charcuterie Platter V LG		Turkey and Cheese Sandwich	
Pickled Cucumbers & Waffle Fries		Street Corn Salad & Carrots LG		Roasted Chickpeas & Carrots LG		Celery Sticks & Side Salad LG		Red Pepper Strips & Side Salad LG	
Applesauce & Pears		Apples & Clementines		Berry Cup & Bananas		Apples & Bananas		Apples & Bananas	
French Toast Sticks with Chicken Sausage	24	Beef Taco	25	Spicy Chicken Pepperoni	26	General Tso's	27	Cheese Pizza V	28
Or Vegetarian Sausage V		Kickin Bean Taco V		Pasta Bake		Popcorn Chicken With Fried Rice		Pepperoni Pizza	
Hamburgers & Cheeseburgers		Crispy Chicken Sandwich		Cheese Quesadilla V		Chicken Tenders with a Dinner Roll V		Greek Salad with Flatbread LG	
Greek Salad with Flatbread LG		Yogurt Dip Platter V		Greek Salad with Flatbread LG		Veggie Nuggets with a Dinner Roll V		Chicken Salad Sandwich on a Bulky Roll	
Chicken Salad Sandwich on a Bulky Roll		Greek Chicken Wrap		Chicken Salad Sandwich on a Bulky Roll		Yogurt Dip Platter V			
Tater Tots & Roasted Butternut Squash		Chickpea Salad & Fiesta Corn		Cucumbers & Carrots LG		Green Beans & Carrots LG		Red Pepper Strips & Side Salad LG	
Clementines & Apples		Bananas & Berry Cup		Bananas & Berry Cup		Pears & Fresh Fruit Cup		Apples & Bananas	
Chicken and Vegetable Dumplings with Veggies	31	Chicken Fajitas with a Tortilla	1	Shepherd's Pie with Dinner Roll	2	Wally's Boomin' Nachos	3	Cheese Pizza V	4
Edamame Dumplings with Veggies V		Black Bean Taco V		Bosco Cheese Sticks with Marinara Sauce V		Wally's Boomin' Bean Nachos V		BBQ Chicken Pizza	
Kale Chicken Caesar Salad LG		Hamburgers & Cheeseburgers		Kale Chicken Caesar Salad LG		Fish and Chips with Colelaw and A Dinner Roll		Kale Chicken Caesar Salad with Flatbread LG	
Ham and Cheese Sandwich		Pizza Platter		Ham and Cheese Sandwich		Chicken Caesar Wrap LG		Ham & Cheese Sandwich	
Broccoli & Carrots LG		Roasted Chickpeas & Cucumbers		Corn & Carrots LG		Green Beans & Carrots LG		Red Pepper Strips & Side Salad LG	
Applesauce & Pears		Clementines & Apples		Bananas & Berry Cup		Pears & Fresh Fruit Cup		Apples & Bananas	

This institution is an equal opportunity provider. In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 485-6136 (Spanish). USDA is an equal opportunity provider and employer.



Elementary Breakfast Menu - March.pdf

Download
418.0 KB



Elementary Lunch Menu - March.pdf

Download
411.9 KB

McAvinnue Spirit Gear By Prep Sportswear

We have an online store if you wish to order any McAvinnue gear! It is open 24 hours per day and there is no due date for orders. Anytime you want to order...on any day!

The company is Prep Sportswear and has been reliable with solid product quality from reputable brands.

There is a 30% off deal occurring now on all items! This is a major discount if you are interested in purchasing McAvinnue merchandise.



Like during previous school years, we are also exploring additional local options to purchase McAvinnue gear. Stay tuned for more information in the month of September.

To access our current online store for McAvinnue spirit gear, please click the link below.

Click To Access Prep Sportswear Spirit Gear

General Information

How can I update my contact information (phone number/email/address)?

- Go online to the Family Resource Webpage (<https://www.lowell.k12.ma.us/UpdateContactInfo>) and fill out the "contact us" form. Families who don't have access to the internet can fill out the form in person at the Family Resource Center. If an address change is related to economic factors or housing instability (family



moves in with relatives, eviction, hotel/motel, fire or unsheltered, please contact the McKinney Vento Office located at the Family Resource Center in person (151 Merrimack Street), by phone (978-674-4321) or go to the webpage at <https://www.lowell.k12.ma.us/HomelessAssistance>.

How do I update my emergency contacts?

- If you were in the school last year we will send a verification sheet out. if you are new we will send home an emergency form to fill out on the first day of school.

How do I register my child for the new school year?

- All school registrations are completed online using a computer or laptop. You can access the online application by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. If you only have a mobile device and don't have access to a computer or laptop, you can register in person at the Family Resource Center (151 Merrimack Street). Please call the Family Resource Center if you have any questions (978-674-4321).

What should I do if I need to register my child(ren) and I don't speak English?

- The Lowell Public Schools is committed to providing translation and interpretation services for families who require assistance in a language other than English. The online registration application and website is translated in Spanish and Portuguese and can be accessed by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. For all other languages, please call Vannak Khin at (978) 328-6782 to arrange services. In-person language interpretation support for registration can be accessed by visiting the Lowell Public Schools at 151 Merrimack Street. Families can also call the Family Resource Center at (978) 674-4321 to make an appointment with a Bilingual Family Liaison.

How old does my child need to be to enroll in preschool or kindergarten?

- A child must turn 4 years old on or before September 1, 2023, in order to apply for preschool and 5 by September 1 to apply for kindergarten. A family can apply for preschool by going to <https://www.lowell.k12.ma.us/PreschoolRegistration> to fill out an online application or <https://www.lowell.k12.ma.us/KindergartenRegistration> for kindergarten. For registration questions, please call (978) 674-4321.

How do I apply for a transfer for my child to change schools in the new year?

- Per the 2023-2024 School Assignment Policy, all students have the option to request one school transfer per year.
 - Families can apply online at <https://www.lowell.k12.ma.us/SchoolTransfer> or can come to the Family Resource Center in-person to complete the application. Transfers are assigned on a space availability basis.
-

Community Connections & Opportunities



Softball & Baseball Spring Recreation League

With Spring being right around the corner, it's that time of the year again to begin signing up for some Spring Sport options for your child.

Check out the information below for baseball and softball recreation leagues in Lowell. Visit www.lybsl.org or see flyer for more details!



Girls Lacrosse Registration Now Open!

Registration is now open for Girls Lacrosse for Spring 2025 for girls in grades K-8 (new K program this year!).

To register: www.lowellgirlslacrosse.com

The season will run from the middle of February to June!

LGL Registration is OPEN for Spring 2025!

LGL Littles (new Kindergarten program for 2025)

Grades 1/2

Grades 3/4

Grades 5/6

Grades 7/8

Season runs mid-February through beginning of June

Register online @ lowellgirlslacrosse.com

Learn more about our programs on LGL's Teams and FAQs pages!

✉ Questions, please email lowellgirlsyouthlacrosse@gmail.com



Lowell Youth Boys Lacrosse Registration Now Open!

Lowell Youth Lacrosse Spring 2025 registration is now open for boys in grades 1-8. To register: <https://lowellyouthlax.com>

Practice session begin in March with game play occurring on Sundays.

Financial aid is available if needed.

LOWELL YOUTH LACROSSE SPRING 2025 REGISTRATION NOW OPEN

UNTIL FEBRUARY 22, 2025

FIRST TIME PLAYERS WELCOME
BOYS GRADES 1-8

FINANCIAL AID
AVAILABLE

PRACTICES BEGIN IN MARCH
GAMES ARE ON SUNDAYS



INQUIRE ABOUT OUR
LEARN TO PLAY
PROGRAM



REGISTER ONLINE TODAY!

www.lowellyouthlax.com



lowellyouthlacrosse@yahoo.com

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Cub Scout Pack 7 Information

Cub Scout Pack 7 is looking for new cubs to join their pack! Tons of fun and learning experiences for all kids in Kindergarten through Grade 5. For more information, visit www.pack7lowell.com

Pack 7 meets at St. Rita's Church directly across from McAvinnue!



Cub Scout Pack 7 is a Family Pack for both girls and boys
in kindergarten through fifth grades



In partnership with FEMA—Cub Scouting is offering fun and play filled 'Be Prepared' emergency preparedness programming for youth. Kids will have a great time and learn to Be Prepared via camping, group hiking, learning to use basic tools, archery, developing communication skills and lots of playing.



Visit www.Pack7Lowell.com to find about our next open house or to visit one of our weekly den meetings and learn about the year-long programming.

Meeting Location — St. Rita Hall
(158 Mammoth Rd., Lowell)

www.Pack7Lowell.com

join@pack7lowell.com



Be A Girl Scout

Interested in joining the Girl Scouts Of America? Check out the information below for an event on Tuesday, September 17th at 6:00 PM - 7:00 PM at the Pollard Library in Lowell.

To sign up for Girl Scouts of Eastern Massachusetts, please use the link below.

gsema.org/jion





Your Year of Adventure

- ✓ Hike to the highest point in your town.
- ✓ Learn a new outdoor skill.
- ✓ Take on challenges with confidence.

Each day as a Girl Scout brings thrills and out-of-this-world experiences. Don't miss your chance to make new friends and be part of a journey you'll never forget! Find your squad and get ready for amazing adventures.

Be a Girl Scout
gsema.org/join

girl scouts
of eastern
massachusetts

Start your Girl Scout journey in Lowell at our FREE Try Girl Scouts event!

Tuesday, September 16
6 - 7 PM
Pollard Memorial Library
401 Merrimack Road
Lowell

*Bring your grown-up(s) along.
Scan code to RSVP or visit
www.gsema.org/eventsup2*



Fall Playgroup Opportunities

The Lowell Public Schools' Coordinated Family and Community Engagement Program holds weekly playgroups for children under 5-years-old and their families.

You can access the registration form below.

[Click Here To Register](#)



Community Resources & Daycare Options for Families

Looking for before or after school daycare options for your child? Here is a short list of options and information for your consideration.

Here is a list of daycare options in Lowell:

- **Community Team Work (CTI):** (978) 454-5100
 - Families who are already enrolled in a CTI program...
 - Call or text school-age coordinators to request a slot
 - Billy 978-995-0028, wma@commteam.org
 - Karen 978-729-7216, kshannon@commteam.org
 - Families who are not enrolled in a CTI program
 - If you've filled out a CTI application in the past...
 - Contact Karen (978) 729-7216, kshannon@commteam.org to see if where you are on the waitlist (if there is a waitlist)
 - If you've never filled out a CTI application...
 - Fill out an application at 17 Kirk St., 126 Phoenix Ave
 - Or call the main CTI number (978) 454-5100 to request an email version of the application.
- **YMCA:** (978) 454-7825; 1 YMCA Dr in Lowell
 - Karen Espinola is the school-age director
 - Fill out a application online or at the YMCA to request a slot
 - Debbie Doben is the preschool director if your child is preschool age
- **Family Childcare:** Call programs to see if they have openings near you
 - Bethel Family Childcare (978) 458-6577
 - Clarendon Family Childcare (978) 454-3026
 - Child Development and Learning (CDE) (978) 275-2843
 - ACRE Family Childcare (978) 937-5899
 - CTI: See above contact information
- **Girls Inc:** (978) 458-6529, 220; Worthen St. in Lowell
 - Accept girls ages 5-14 years old
 - Accept Child Care Circuit vouchers, DCF vouchers, and private pay (income-based, sliding scale)

- Call Pam Lerocque (Director of Finance & Administration) to check on openings
- **Boys and Girls Club:** (978) 458-4526; 657 Middlesex St in Lowell
 - School-age openings for after-school
 - Teens who are working with the Department of Children and Families can call BGC or DCF to see if they're eligible



The Family Leadership Institute

The Family Leadership Institute provides families with the knowledge and skills to partner with schools and communities to ensure their children achieve their full potential.

Throughout the year, the FLI runs a variety of programs including: survival English classes, family college visits, mental health and financial literacy workshops, and more. For more information about the FLI visit: <https://www.lowell.k12.ma.us/Page/5263> or email FLI Director Zoe Dzineku at zdzineku@lowell.k12.ma.us.

Local Food Support

Do you need support with food options for your family. No need to worry...there are many local groups that can offer support for you during your time of need.

Click the link below for a list of local food pantries that are willing to help.

You can also reach out to Mrs. De La Luz, McAvinnue's Social Worker, for support navigating these and other options at adelaluz@lowell.k12.ma.us.





Greater-Lowell-Area-Pantry-List 8-27-20 (1).xlsx

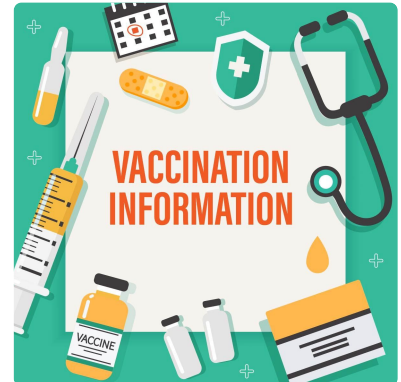
Download
15.0 KB

Community Vaccination Information

Click the link below to see a comprehensive list of local vaccination options for your child.

Please keep in mind that certain vaccinations are required for students to participate in learning at all Lowell Public Schools.

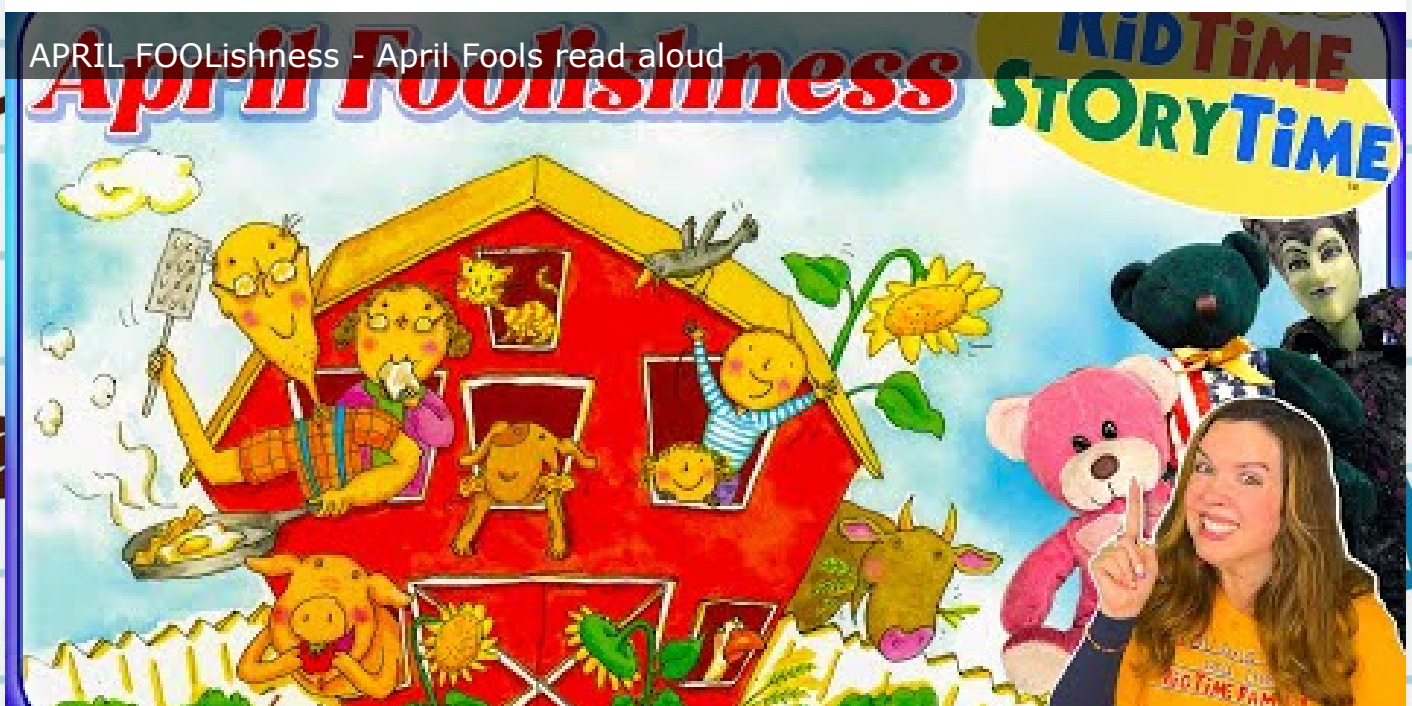
If you have any questions regarding vaccination requirements, please contact Nurse Danielle at the school. She will be glad to help you out and provide you with the information that you require or request.



Community vaccination sites.pdf

Download
1.1 MB

Family Read-A-Loud: "April FOOlishness"



McAvinnue's School Website

Check out our school website where you can find a wealth of information including school news, calendars, and other events.

Please visit our website at:

<https://www.lowell.k12.ma.us/mcavinnue>



Follow McAvinnue On Social Media

You can follow McAvinnue on social media at the following sites! We update things daily and this is a great way to stay in touch with all of the amazing things that are happening inside and out of "the best school we all know"!

Click the buttons below to access our social media sites!



[Click To Access McAvinnue's Facebook Page](#)

[Click To Access McAvinnue's "X" \(Twitter\) Page](#)

[Click To Access McAvinnue's Instagram Page](#)

[Click To Access McAvinnue's YouTube Channel](#)



Our Vision

McAvinnue Elementary School is a place...where there are high expectations, where students are academically engaged, where instruction is guided by a systematic approach to examine data, where there is a multi-tiered system of support, and where a responsive environment that fosters social emotional connections between faculty and students prevails.

#McAvinnuePride #BeTheDifference #NextLevel

Email: mdomina@lowell.k12.ma.us

Website: <https://www.lowell.k12.ma.us/Domain/21>

Location: 131 Mammoth Road, Lowell, MA, USA

Phone: (978) 937-2871

Facebook: facebook.com/McAvinnueElementarySchool/

Twitter: [@McAvinnueLPS](https://twitter.com/McAvinnueLPS)



Michael Domina

Michael is using Smore to create beautiful newsletters